



Kids Central
Beth Kienast (owner)
304 Gannon St.
Hurlock, MD 21643

Maryland Screen Time Policy

1. Definitions. In this section, the following terms have the meaning indicated:
 - A. **“Interactive technology”** means educational and age-appropriate technology, including programs, applications (apps), noncommercial television programming, videos, streaming media and ebooks, that are designated to:
 1. Facilitate active and creative use of technology; and
 2. Encourage social engagement with other children and adults.
 - B. **“Passive technology”** means noninteractive television, videos and streaming media.
2. Limited use of appropriate interactive technology may support, but may not replace, creative play, physical activity, hands-on exploration, outdoor experiences, social interactions and other developmentally appropriate learning activities for children 2 years or older.
3. Viewing Restrictions. Except as set forth in B9(4) of this regulation, a child in attendance who is:
 - A. Younger than 2 years old may not be permitted to view any passive technology; and
 - B. 2 years old or older may not be permitted to view more than 30 minutes of age-appropriate, educational passive technology per week.
4. Exceptions:
 - A. An occasional exception to the weekly passive technology viewing limit set forth in B(3) of this regulation may be made for a special event or project, including a holiday or birthday celebration, or for educational content that is related to the family child care home curriculum.
 - B. If an exception to the weekly passive technology viewing limit is made, a written record of the exception shall be made and retained on file that documents the:
 1. Nature and duration of the programming viewed; and
 2. Reason of the exception
5. No Child may be permitted to view any:
 - A. Passive or interactive technology during a meal or a snack; or
 - B. Media with brand placement or advertising for unhealthy or sugary food or beverages.
6. **The provider shall give the parent of each enrolled child a written screen time policy that addresses the use of passive and interactive technology during child care hours/**